



Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious

Dana Jacobi

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Luscious photography illustrates 40 recipes for meatless meals that require minimal effort and deliver irresistible results. Tried and tested, Meals in Minutes: Vegetarian delivers to your table in only 30 minutes, or with only 15 minutes of hands-on time. Recipes include wild mushroom risotto, eggplant parmesan, and tofu stir-fry with black bean sauce.

Other titles in the popular Meals in Minutes series include: *Easy Desserts, Everyday Grilling, Fast Appetizers, Fresh Salads, Hearty Soups, Make Ahead Dinners, Perfect Pasta, Simple Suppers,* and *Slow Cooker.*

TOC:

30 Minutes Start to Finish

15 Minutes Hands-On Time

Make More to Store

The Smarter Cook

The Well-Stocked Kitchen

Index

Sample recipes:

Red Pepper & Goat Cheese Frittata

Penne with Greens & Pine Nuts

Beet, Fennel & Arugula Salad

Kale & Red Bean Gumbo

Polenta Lasagna

Baked Eggplant Parmesan

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From reader reviews:

James Stewart:

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Lynn Jordan:

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Arthur Coe:

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