



# Sickos, Psychos, and Stormy Weather: Secrets of Nature's Green Zones

*Melvia Miller*

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## **Sickos, Psychos, and Stormy Weather: Secrets of Nature's Green Zones** Melvia Miller

The movement to 'GO GREEN' has become very popular in certain environmental activists circles...because it is seen as a remedy for the numerous wild weather events. In fact, the idea of 'going GREEN' has spread to other arenas and now we see 'green products' in many places. In addition, many HEALTH CARE advocates admonish us to eat more GREEN vegetables for better health. WHY GO GREEN? Is there something magical, divine, or mystical about that color? Or is green just another popular color? Will 'going green' really help solve some problems? This book uses a touch of humor, a few dabs of comedy, with a dash of sarcasm to present reasons and facts -- as to why we must GO GREEN. Because of an increase in awareness of our climate problems...there has been widespread calls for better protection of the environment -- people have protested across the nation and at the White House. WHY ARE SOME PEOPLE ARGUING OVER HEALTH CARE REFORM...AND GLOBAL WARMING? In the midst of a lot of confusion and craziness promoted by some "psycho" pundits and politicians -- this author uses humor to raise awareness about the health care system -- and how global warming also effects our state of health. Is the SMOG and POLLUTION causing people to become sick? Are you worried about "SWINE FLU" -- DIABETES, PARKINSONS, AIDS, EBOLA or ARTHRITIS, CANCER... another serious disease? AND WHAT IS ALL THE COMMOTION ABOUT HEALTH CARE REFORM? DOES CLIMATE CHANGE EFFECT OUR STATE OF HEALTH? Considering that our modern society has been afflicted by many dangerous viruses, including H1-N1, AIDS, SARS and others...and millions have died from it -- we must find ways to protect ourselves. Want to learn ways to be healthier or lose weight without drugs? This book is a great REFERENCE in addition to it containing highly valuable info about natural remedies, herbs, and the problem of Health Care. Understanding the basics of good health is very important in maintaining wellness. This easy to read and understand book offers the simple rules and keys to preventative health care, holistic healing, and nutrition. This book gives very simple explanations of how we can get well and stay well with MOTHER NATURE'S assistance. LEARN MORE ABOUT THE GREEN ZONE.

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