



The Ultimate Breakfast Sandwich Maker Cookbook: 100 Delicious, Energizing and Simple Breakfast Recipes

Cooking With a Foodie

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What do you do when you are hopping around the kitchen looking to grab a quick bite while also trying to put on your pants because you were supposed to be somewhere 30 minutes ago?

Does your stomach growl during work or school? Do you feel like taking a nap as soon as your day starts?

Then join the healthy breakfast club!

If you are not eating a nutritious breakfast every morning, how do you expect to have a great day?

Eating a healthy breakfast in less than 10 minutes is now easier than ever. This is the first breakfast sandwich cookbook that literally shows you 100 different ways to go to work or school feeling satisfied, full and ready to seize the day.

If you already have a breakfast sandwich maker, your life should already be easy.

It can be really frustrating to have to think of what to throw together every single morning. Making healthy breakfast sandwiches should be a breeze, not extra work. Some people opt for powdered breakfast drinks like carnation instant breakfast, but a true breakfast of champions includes real wholesome food that did not come out of a box.

Instead of eating frozen jimmy dean breakfast sandwiches or other processed premade meals, treat your body to a breakfast of champions from a huge selection of bistro inspired recipes. Even if you want a gourmet gluten free breakfast sandwich with spinach and swiss cheese, now you will know how to make it.

To help you zip in and out of the kitchen, we put together some of the most popular breakfast recipes:

Traditional breakfast egg and omelette sandwiches Classic sausage, egg & omelette sandwich Smoked ham, egg & havarti bagel sandwich Bacon, scrambled egg & cheddar biscuit Sausage, goat cheese & garlic cream cheese English muffin Bacon, scrambled egg & maple butter waffle sandwich Spicy pepper jack, mozzarella, avocado & fried egg biscuit sandwich

Famous breakfast sandwiches Spicy chorizo, egg & goat cheese on a French baguette Fried bologna, white cheddar & spicy mustard on a French baguette Santa Fe omelette & cheddar English muffin sandwich New York style "Everything" bagel sandwich

Chicken and turkey sandwiches picy turkey breast, jalapeno & fresh tomato sourdough melt Buffalo chicken and cheese on sourdough Chicken breast, apple jelly & mozzarella walnut bread sandwich Chicken breast,

pepperoni and Parmesan on a French baguette

Bacon and pork sandwiches

Beef sandwiches

Calorie conscious sandwiches

Gluten free breakfast

International sandwiches

Kid friendly sandwiches

Brunch sandwiches

Breakfast sides

Desserts

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Barbara Davis:

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