



Coaching Wisdom, Champion Coaches and Their Players Share Successful Leadership Principles

Mike Harrity

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This powerful book, based on firsthand interviews with legendary coaches and their players, reveals their secrets for success that apply to sports, business, and life. Mike Harrity, an Associate Athletics Director at the University of Notre Dame, has had remarkable access to the top coaches of our time. In *Coaching Wisdom*, he presents the results of his one-on-one interviews with these leading coaches in college athletics and professional sports and shows how they have helped their players to fulfill their peak potential, both on and off the field. This illuminating guide, filled with more than 30 photos, provides an up-close and personal look at the motivational styles and winning leadership principles of such coaching greats as Tony Dungy, Brad Stevens, Sue Enquist, John Wooden, Don Shula, Scotty Bowman, Anson Dorrance, and Lou Holtz. Packed with colorful stories from the coaches and the players they inspired, *Coaching Wisdom* covers such topics as creating a caring environment, going the distance to connect and communicate, and building a team-first culture. This is an essential playbook for anyone leading a team to achieve sustainable success. Below is a complete list of the coaches in this book:

Scotty Bowman, all-time winningest Head Coach in NHL history 9 Stanley Cup championships.

Anson Dorrance, Head Coach, North Carolina Women's Soccer 21 national championships.

Tony Dungy, former NFL Head Coach, Indianapolis Colts 1 Super Bowl championship.

Sue Enquist, former Head Coach, UCLA Softball 11 national championships.

Dan Gable, former Head Coach, Iowa Wrestling 15 national championships.

Dick Gould, former Head Coach, Stanford Men's Tennis 17 team national championships.

Lou Holtz, former college football Head Coach, Notre Dame 1 national championship.

Andrea Hudy, Head Strength and Conditioning Coach, formerly at UCONN and currently at Kansas 9 national championships.

Tom Osborne, former Head Coach, Nebraska Football 3 national championships.

Don Shula, all-time winningest Head Coach in NFL history 2 Super Bowl championships.

Brad Stevens, Head Coach, Butler Men's Basketball 2 national championship game appearances.

Frosty Westering, former Head Coach, Pacific Lutheran University Football 4 national championships.

John Wooden, former Head Coach, UCLA Men's Basketball 10 national championships.

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