



# **The Lifelong Activist: How to Change the World without Losing Your Way**

*Hillary Rettig*

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# The Lifelong Activist: How to Change the World without Losing Your Way

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*The Lifelong Activist* is a guide to living a joyful and productive life that includes a strong progressive mission. It offers simple and clear instructions that help you figure out the form your authentic life should take, and live that life with a maximum of joy and productivity, and a minimum of fear, guilt and shame.

The book's sections are:

- **Managing Your Mission** (figuring out your authentic mission)
- **Managing Your Time** (building a schedule that allows you to realize that mission)
- **Managing Your Fears** (beating perfectionism, procrastination and blocks to success, so you can follow your schedule)
- **Managing Your Relationships** (leveraging your strengths with those of others)

**The Lifelong Activist** is for liberal activists, artists, campaign workers, labor organizers, volunteers, students, teachers, human services workers, and entrepreneurs, but anyone can use it and learn from it. It can act as a useful handbook for students and young people at the beginning of their careers; those contemplating a career or path change; and those at risk for burnout will find it particularly useful.

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