



# Catching the Thread: Sufism, Dreamwork, and Jungian Psychology

*Llewellyn Vaughan-Lee*

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## **Catching the Thread: Sufism, Dreamwork, and Jungian Psychology** Llewellyn Vaughan-Lee

Spiritual life is a process of inner transformation in which the whole psychic structure of the seeker is changed. Exploring the threshold between psychology and spirituality, Llewellyn Vaughan-Lee shows how dreamwork guides us on this inner journey and helps us to understand the different stages of the path. He explores the psychological dynamics of the relationship with the teacher, so often misunderstood in the West, and then describes what is hardly mentioned in the great spiritual literature of the world: how the soul of the disciple merges with the soul of the teacher. This book is a reedited version of *The Call and the Echo*, combined with some of the most important material from the author's first book, *The Lover and the Serpent*.

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