



The Ghost in My Brain: How a Concussion Stole My Life and How the New Science of Brain Plasticity Helped Me Get It Back

Clark Elliott

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The dramatic story of one man's recovery offers new hope to those suffering from concussions and other brain traumas

In 1999, Clark Elliott suffered a concussion when his car was rear-ended. Overnight his life changed from that of a rising professor with a research career in artificial intelligence to a humbled man struggling to get through a single day. At times he couldn't walk across a room, or even name his five children. Doctors told him he would never fully recover. After eight years, the cognitive demands of his job, and of being a single parent, finally became more than he could manage. As a result of one final effort to recover, he crossed paths with two brilliant Chicago-area research-clinicians—one an optometrist emphasizing neurodevelopmental techniques, the other a cognitive psychologist—working on the leading edge of brain plasticity. Within weeks the ghost of who he had been started to re-emerge.

Remarkably, Elliott kept detailed notes throughout his experience, from the moment of impact to the final stages of his recovery, astounding documentation that is the basis of this fascinating book. *The Ghost in My Brain* gives hope to the millions who suffer from head injuries each year, and provides a unique and informative window into the world's most complex computational device: the human brain.

From the Hardcover edition.

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The reserve with title The Ghost in My Brain: How a Concussion Stole My Life and How the New Science of Brain Plasticity Helped Me Get It Back possesses a lot of information that you can find out it. You can get a lot of benefit after read this book. That book exist new understanding the information that exist in this book represented the condition of the world today. That is important to yo7u to find out how the improvement of the world. This particular book will bring you in new era of the globalization. You can read the e-book in your smart phone, so you can read that anywhere you want.

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The Ghost in My Brain: How a Concussion Stole My Life and How the New Science of Brain Plasticity Helped Me Get It Back can be one of your starter books that are good idea. Most of us recommend that straight away because this publication has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to put every word into enjoyment arrangement in writing The Ghost in My Brain: How a Concussion Stole My Life and How the New Science of Brain Plasticity Helped Me Get It Back however doesn't forget the main place, giving the reader the hottest and also based confirm resource data that maybe you can be considered one of it. This great information can easily drawn you into brand new stage of crucial contemplating.

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Are you kind of stressful person, only have 10 as well as 15 minute in your time to upgrading your mind talent or thinking skill possibly analytical thinking? Then you are experiencing problem with the book as compared to can satisfy your short space of time to read it because this all time you only find publication that need more time to be go through. The Ghost in My Brain: How a Concussion Stole My Life and How the New Science of Brain Plasticity Helped Me Get It Back can be your answer given it can be read by anyone who have those short free time problems.

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