



# **Think and Make It Happen: The Breakthrough Program for Conquering Anxiety, Overcoming Negative Thoughts, and Discovering Your True Potential**

*Augusto Cury*

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# Think and Make It Happen: The Breakthrough Program for Conquering Anxiety, Overcoming Negative Thoughts, and Discovering Your True Potential

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**Take control of your past, your memory, your emotions, your life!**

While in medical school, Dr. Augusto Cury became fascinated with the impact a healthy mind can have on emotions and life. After many years of research and founding The Intelligence Institute, he concluded:

- Every person is a genius because everyone has the power to think.
- Harnessing "mind power" has been scientifically proven to enhance a person's physical, mental, and spiritual well-being.
- The human act of thinking is the greatest wonder of the universe.

In *Think, and Make It Happen*, Dr. Cury unveils the multifocal intelligence process showing readers how to master their emotions, stress, thoughts, and relationships, as well as how to become creative thinkers and revolutionary leaders. Complete with a 12-week program, participants will learn to apply the universal laws for quality of life to their own lives: authorship, beauty, creativity, sleep, thoughts, emotions, memory, listening, dialogue, drive, and spirituality and celebration and start experiencing the life they desire.

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