



How I Learned to Cook: And Other Writings on Complex Mother-Daughter Relationships

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A collection of writings by women on the tangled bonds they share with their(often) less-than-perfect mothers.

Every woman has something to say on the subject of her mother. In fact, many of us spend our lives trying to figure out just how we are like-or unlike-them. And yet, as intricate as the ties that bind mothers and daughters can be, most women never let go of the desire to really know their mothers. In **How I Learned to Cook and Other Writings on Complex Mother-Daughter Relationships**, women authors explore what is perhaps the most complicated of family relationships.

In this elegant collection of writings, daughters describe their relationships with mothers whose own lives sometimes stood in the way of their ability to fill society's ideal of what a good mother should be. With critically acclaimed authors-including Jamaica Kincaid, Paula Fox, and Alice Walker-sharing the page with emerging writers, **How I Learned to Cook** proves that every daughter has much to discover and understand about her mother.

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