



How to Care for Aging Parents (Morris, How to Care for Aging)

Virginia Morris

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The best and bestselling book of its kind. Originally published in 1995, *How to Care for Aging Parents*, with 220,000 copies in print, won a Books for a Better Life Award and was praised as "an indispensable book" (AARP) and "a compassionate guide of encyclopedic proportion" (*The Washington Post*). It also catapulted its author, Virginia Morris, to national prominence as a recognized eldercare authority on *Oprah*, *Good Morning America*, CNN, CBS, and other media.

Nine years later, and the need for the book is mushrooming: the number of adult children caring for a parent has increased from 4 million to 19.5 million, with roughly 80% of the nation's elderly cared for at home. Virginia Morris responds with a completely revised, up-to-date new edition. Expanded from 450 to over 650 pages, it covers all the emotional, legal, financial, medical, and logistical issues in caring for the elderly. There are new sections on expanded housing options, alternative therapies, balancing career and caregiving, and dealing with difficult parents. It covers the biggest change in caregiving--the newfound independence of seniors and benefits of healthy aging--and the reverse: three chapters are dedicated to caring for parents with Alzheimers. At the end of the book is an invaluable 100-page "Yellow Pages" guide to all the resources and services of the enormous eldercare industry.

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Playing with family in a very park, coming to see the marine world or hanging out with buddies is thing that usually you may have done when you have spare time, and then why you don't try thing that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love *How to Care for Aging Parents* (Morris, *How to Care for Aging*), you could enjoy both. It is great combination right, you still need to miss it? What kind of hangout type is it? Oh come on its mind hangout guys. What? Still don't obtain it, oh come on its referred to as reading friends.

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