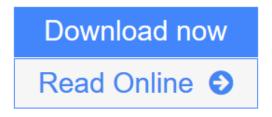


Dish and Tell: Six Real Women Discuss How They Put Themselves at the Top of Their To-Do List

Miami Bombshells, Patricia San Pedro, Annie San Roman, Tammi Leader Fuller, Sara Rosenberg, Lydia Sacasa, Mercedes Soler-Martinez



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It's easy to feel like we're alone in our struggles, but when we're able to share our stories with other women, we realize how alike we really are. There is comfort in numbers and knowing that we're not alone.

-- Patricia

As women, we take care of everyone else before ourselves. Now is the time to put your needs at the top of your to-do list, because if not now, when?

-- Annie

We realized we're not perfect, and we're pretty sure we're not alone. Besides, beauty -- and being a "bombshell" -- is more about being courageous than curvaceous.

-- Mercedes

Although these are our stories, we're really just the "stand-ins" for all women who struggle to juggle. This book is about things most women can totally relate to but would never discuss in public.

-- Tammi

Maybe having it all isn't having it all at all. We're trying to be happy with "enough," so let's lower the bar a little and start enjoying the lives we've created for ourselves.

-- Sara

We created our Bombshell Circle to provide unconditional support to one another. Dish & Tell highlights the power of girlfriends. Read the book and start your own circle (and make sure you have plenty of wine and chocolate!).

-- Lydia



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Kari Annis:

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