



I'm Back: How to Get Your Passion, Purpose and Identity Back When Your Kids Go to School

Jennie HK

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Having children is one of the most rewarding experiences in life. Yet at the same time there is a tendency for other areas to take a nosedive, from your career, sleep patterns and confidence, down to your boobs and your pelvic floor. Unless you are some kind of super woman, things change. The career you once had is invariably compromised, your contributions at dinner party conversations feel banal and your old sassy self is not what it used to be. Yet, when your kids head to school you are suddenly faced with the question. "What am I going to do for the next 40 years?" I'm Back was born out of Jennie HK's experience of just that. Although she was working, life was drifting until one day she lost the plot and lobbed a fish at her husband's head. What transpired was a decision to 'get back on it'. BACK to fitness, BACK to learning, BACK to living to the max. This book shows you how to eject the 'I'm fine' syndrome and get your mojo back. It's your time to shine!

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From reader reviews:

Mitchell Smith:

The book I'm Back: How to Get Your Passion, Purpose and Identity Back When Your Kids Go to School can give more knowledge and information about everything you want. So why must we leave a good thing like a book I'm Back: How to Get Your Passion, Purpose and Identity Back When Your Kids Go to School? A number of you have a different opinion about e-book. But one aim that book can give many details for us. It is absolutely proper. Right now, try to closer with the book. Knowledge or details that you take for that, you may give for each other; you could share all of these. Book I'm Back: How to Get Your Passion, Purpose and Identity Back When Your Kids Go to School has simple shape however, you know: it has great and large function for you. You can appear the enormous world by available and read a book. So it is very wonderful.

Elijah McWhorter:

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Jennifer Pittman:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family or their friend. Do you know? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you wish to try to find a new activity honestly, that is look different you can read some sort of book. It is really fun in your case. If you enjoy the book that you read you can spent 24 hours a day to reading a guide. The book I'm Back: How to Get Your Passion, Purpose and Identity Back When Your Kids Go to School it is extremely good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. In the event you did not have enough space to bring this book you can buy the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not too costly but this book has high quality.

Joyce Pippin:

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