



# Self-Care Deficit Theory of Nursing: Concepts and Applications

*Connie Dennis PhD RN*

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SELF-CARE DEFICIT NURSING THEORY presents a clear explanation of the concepts, terminology, and constructs of Dorothea Orem's widely used theory. In an understandable manner, this text presents the advantages of using nursing theory, and introduces the three main components of Orem's theory; Self-Care/Dependent Care, Self-Care Deficit, and Nursing System. The heart of the book examines self-care deficit in detail and describes the best way to organize and administer nursing care to clients with self-care deficits. Case studies help the reader apply Orem's theory to practice situations.

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