

Nature's Dirty Needle: What You Need to Know about Chronic Lyme Disease and How to Get the Help to Feel Better

Mara Williams



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Nature's Dirty Needle describes Chronic Lyme Disease, the different co-infections, what the symptoms are, how to recognize them, and, finally, how best to get help. Personal stories of those who have dealt with these infections tell the tale of finding the right provider, getting the correct diagnosis, and then treatment. The politics surrounding the infections and the lack of support and poor information from the current health care system are described. In Nature's Dirty Needle you will find a symptom check list. You will understand that Chronic Fatigue and Fibromyalgia are syndromes, not diagnoses, and that, if you are having odd symptoms, they are not all in your head. You are not crazy, but may have been bitten by a tick! With over 30 years as a health care provider, Mara Williams has been helping people to achieve a greater level of health and wellbeing. Attaining a Masters in Nursing and Nurse Practitioner Certificate allowed Mara to expand her practice and eventually specialize in Integrative Care and treating people with Tick Borne Disease (TBD). Additionally, Mara uses her empathic ability to help clear her clients energetically so that healing can take place.



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Peter Wilson:

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Erik Garcia:

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Ingrid Baumbach:

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