



Cycling the Pennine Bridleway: Lancashire and the Yorkshire Dales (Cicerone Guides)

Keith Bradbury

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This detailed guidebook to the northern stages of the Pennine Bridleway, through Lancashire, Yorkshire and Cumbria, a dedicated and waymarked off-road cycling and horse-riding trail opened in 2011, introduces mountain bikers to exceptional riding in one of the most unspoilt areas of Britain. Using part of the Mary Towneley Loop, the route description takes bikers from Summit, just outside Rochdale in Lancashire all the way to Ravenstonedale in Cumbria, in about 220km, largely through the Yorkshire Dales National Park. In addition, 11 exciting circular MTB loops, graded for a wide range of abilities and taking in sections of the Pennine Bridleway, explore the little-known trails of this spectacular area a little further. A grand total of 415km of quality trail are covered, mapped using OS map extracts and illustrated with profiles, photographed and described in enough detail to suit all levels of navigational ability. Appendices also offer information on local facilities, accommodation, bike shops and other useful contacts for planning your days out or longer trip along the Bridleway, and information provided before each route description includes distance, ascent, grading, estimated time and percentage of route off-road, as well as maps needed and pubs and cafés en route.

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