



# Winning the Battle Within

*Neil T. Anderson*

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## Winning the Battle Within Neil T. Anderson

For too many believers, God's wonderful creation of sex has become a source of spiritual slavery rather than a liberating blessing. Neil T. Anderson presents a clarifying, refreshing look at God's plan for sex and how Christians can release a distorted view of physical intimacy and embrace a pure, godly view of this gift. With biblical advice and compassion, Anderson points to the way out of confusion and shame by

- exposing the guilt, anger, and fear involved in sexual struggles
- showing how believing the truth breaks the sexual and emotional lies
- giving practical steps to overcome spiritual entrapment with God's Word

As Christians grasp what the Bible says about who they really are—God's loved children and new creations in His Son—they will be able to enjoy and value His marvelous design for their emotions and bodies.

A newly updated and expanded version of *Finding Freedom In a Sex–Obsessed World*.

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