



# Overcoming Fear: Challenging Our Greatest Disability

*Costa Ndayisabye*

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# Overcoming Fear: Challenging Our Greatest Disability

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## **Overcoming Fear: Challenging Our Greatest Disability** Costa Ndayisabye

When Costa Ndayisabye, author of *The Work that Brings Peace in Me*, first met Tim Stoklosa, he knew Tim was someone special. It was Tim's peaceful way of living with Duchenne Muscular Dystrophy that got Costa's attention, and a special bond developed between them that led to the writing of this book. Tim is a living example of how we can cultivate peace by letting go of fear. When we are fearful, we become "careless," and we create that "don't care" spirit in our minds and then fearfully project that to the outside. When we do not care for each other, we do not care for ourselves. Caring takes moving past the fear, to understand the potential value and goodness of all human beings, and to seek caring ways of solving human problems. Not caring is a reaction to the confusion that emanates from a mind full of FEAR. From Costa Ndayisabye, author of *The Work that Brings Peace in Me*. Our hope is that Tim's story awakens us to a larger understanding, and to discover as Tim and Costa have discovered, the power of peacefully Living the Present.

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This Overcoming Fear: Challenging Our Greatest Disability book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is actually information inside this reserve incredible fresh, you will get data which is getting deeper you read a lot of information you will get. That Overcoming Fear: Challenging Our Greatest Disability without we understand teach the one who examining it become critical in thinking and analyzing. Don't become worry Overcoming Fear: Challenging Our Greatest Disability can bring when you are and not make your case space or bookshelves' turn out to be full because you can have it inside your lovely laptop even mobile phone. This Overcoming Fear: Challenging Our Greatest Disability having fine arrangement in word in addition to layout, so you will not sense uninterested in reading.

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styles that writer use for explain it is easy to understand. The actual writer made some research when he makes this book. That's why this book acceptable all of you.

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